



# St Saviour's School

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## Upcoming Events

### September 2022

Dear Parents/Carers, It was lovely to see so many of you at the recent Key Stage One and Two Open Classroom event. We enjoyed welcoming families into school and being able to have an informal chat with you. As a follow up, we are setting up the Autumn Term short parent/teacher check-ins and you will be receiving information about booking slots later today or tomorrow. Sessions will be held on Monday 3<sup>rd</sup> and Thursday 6<sup>th</sup> October (Tuesday 4<sup>th</sup> October for Y2).

At the start of the year, we thought it would be helpful to give a reminder of some of the information from our school handbook (available on our school website).

#### Lunches and snacks:

At St Saviour's School we have a healthy eating policy regarding lunchboxes and snacks for break times. We encourage you to include water for your child to drink and fruit/vegetables for snacks. Fizzy drinks and 'treats' such as bars of chocolate and packets of sweets are not considered healthy options for our pupils and can impair a child's ability to concentrate in some cases, please only keep these for home. We appreciate your support with encouraging healthy eating and drinking. Fruit, ~~vegetables~~ and plain biscuits are examples of playtime snacks that are suitable, we encourage the use of reusable containers to send snacks in rather than single use plastics/aluminium foil.

You can also look online for some suggestions and examples of healthy snacks.

We promote a policy whereby children can drink water at any time of the day, please ensure, **water only**, is brought in in a named bottle with a sports cap to prevent spillage. This can be taken home daily for washing and refilling. Diluted squash or fruit juice is accepted as a drink at lunchtime only when the pupils are also eating their lunch, therefore minimising the affect on their developing teeth.



If you provide a yoghurt/jelly etc for your child's lunch, please make sure they have a spoon with which to eat it.

### Tuesday 27<sup>th</sup> September

*School photos - individual*

### Monday 3<sup>rd</sup> and Thursday 6<sup>th</sup> October (Y2 Mon and Tue)

*Parent/Teacher Appt check-ins*

### Wednesday 19<sup>th</sup> October

*Last day of this half term.  
Non-uniform Durrell fundraiser*

### Thursday 20<sup>th</sup> October

*INSET Day School closed*

### Friday 21<sup>st</sup> October-Friday 28<sup>th</sup> October

*Half Term – school closed*

### Monday 31<sup>st</sup> October

*Back to school*

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Please note that chocolate bars/packets and sweets are not acceptable for school snacks and lunches. For suggestions for snacks/lunches you can look at the following websites:

<https://www.bbcgoodfood.com/recipes/collection/school-lunch-recipes>

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

### **Jewellery:**

The following jewellery is permitted in school, although the school will not accept responsibility for items that are lost:

- Watch
- Plain stud earrings only

We discourage children from wearing any other jewellery due to the nature of the playground and physical education lessons and would ask that parents support us in this.

All jewellery must be removed for PE lessons and any stud earrings should be covered with surgical tape, which can be put on by the pupil themselves or before school on PE days.

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## **More Important News**

### **OPAL visit this Friday (30<sup>th</sup> September)**

We are really excited to be working with a UK company – Outdoor Play and Learning, who are visiting our school this Friday as part of an 18-24 month project to improve and develop the outdoor and playtime experience for the pupils at our school.

We are acting upon feedback from the pupils and from some comments in the recent parent survey (May 2022). Suggestions have been around more, different things for pupils to do at these social times and parental feedback that teaching children to play well together, with adult participation, would be beneficial. We really appreciate your feedback and are acting upon it. The impact of Covid has led to us needing to revisit our play systems and we hope that, with the support of OPAL, the opportunities and experiences for our pupils will increase significantly over the next two years. We will keep you updated as things develop – watch this space...!

